

# ADOLESCENT AND YOUTH POPULATION (AYP) PROJECT MOMBASA COUNTY



## WHO WE ARE

Founded in 1971 Médecins Sans Frontières (MSF)/Doctors Without Borders is an international, independent, medical humanitarian organisation that delivers emergency aid to people affected by armed conflict, epidemics, exclusion from healthcare and natural disasters in more than 70 countries around the world.

MSF offers assistance to people based on need, irrespective of tribe, race, religion, gender or political affiliation. Our actions are guided by medical ethics and the principles of neutrality and impartiality.

### BACKGROUND

MSF is supporting Mombasa County government since 2021 in implementing the Adolescent and Youth Population (AYP) Strategy through youth friendly services in three department of health dispensaries, outreach and community-based activities in Kisauni, Nyali and Mvita Sub-counties in Mombasa.

The project works with adolescents and young people from 10 to 24 years old, including young vulnerable such as street populations, persons with disabilities (PWD) and key populations, excluded from health services, because of stigma and discrimination.

Adolescent and youth represent one third of the Mombasa County population.

They face healthcare access gaps in sexual and reproductive health and mental health services, care for teenage pregnancies and survivors of sexual and gender-based violence, and care for substance abuse users.

This project's main strategy is based on peer-led activities that improve access to stigma-free and non-discriminatory quality healthcare and well-being services among vulnerable and marginalized adolescent and youth populations.

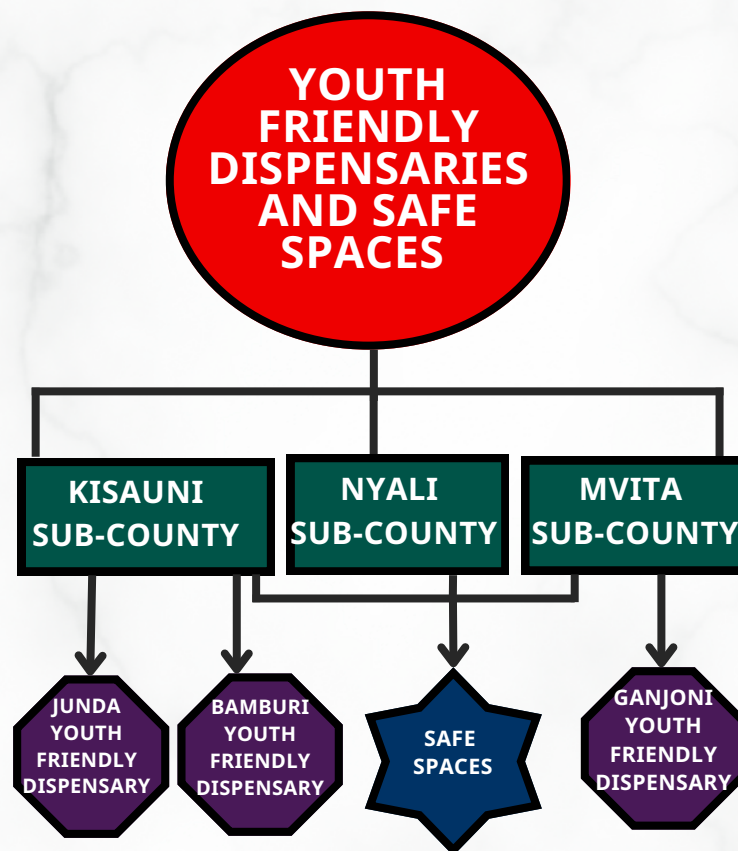
The project delivery approach includes:

- 1 Peer-led and tailored health interventions for youth:** Positive health-seeking behaviour promotion, adolescent-friendly spaces, and comprehensive services at adolescent and youth centres.
- 2 Strengthening community engagement:** Close collaboration and networking with existing community-based organizations (CBOs) to better understand and serve youth needs.
- 3 Holistic well-being:** A comprehensive health package, including medical care, sexual and reproductive health, mental health support, and social support services.

# WHAT WE HAVE DONE

## ACTIVITIES

- ➊ Integrated primary health care, including sexual and reproductive health, mental health care, Hepatitis B and C screening, health promotion and social services and linkages in three ways:
  - Peer-led community-based outreach activities to improve access to healthcare among adolescent and youth population and key population in collaboration with Mombasa department of health and local community- based organizations.
  - Facility-based comprehensive adolescent and youth-friendly service
  - Community-led health promotion in community-owned safe spaces.
- ➋ Community engagement to reduce stigma and discrimination against adolescents and young key population.
- ➌ Socio-behavioural and health related research to understand better the evolving needs of the adolescent and youth population.
- ➍ Surveillance of disease outbreaks of public health importance and emergency preparedness and response.



*Youth Friendly dispensaries and safe spaces*

# IMPACT IN 2024



**21,350** youth and adolescents reached with medical care



**4,758** patients were reached through **117** mobile clinic activities



**17,559** patient consultations addressed the health needs of youths and adolescents in **3** youth-friendly centers



**3,117** received social support with **317** referrals to partner providers



**33,613** youth and adolescents reached in **8,887** health promotion sessions



**4,553** consultations for pregnant peers



**1,246** mental health consultations

# MSF IN KENYA

MSF has been working in Kenya since 1987, providing medical services including treatment for HIV, TB and non-communicable diseases, providing adolescents and youth friendly services, healthcare for refugees, support for survivors of sexual violence, and responds to several emergencies such as disease outbreaks and consequences of climate change.

MSF works in Garissa in Dadaab Refugee Camp, Homa Bay, Nairobi, and Mombasa, and responds to emergencies in different regions of the country.

*In 1999, MSF was awarded the Nobel Peace Prize.*